

# InterAct



## Together Club

**October 2024 - March 2025**



**Are you 19-25?**

We support young adults with Special Educational Needs and/or Disabilities at evening, after college clubs, all day holiday activities



**Book and pay for activities**

online: [www.interact.org.uk/book-online/together-club](http://www.interact.org.uk/book-online/together-club)

phone: 01245 392053



**Locations**

Maldon

Chelmsford

Mid & North Essex

**Coming Soon**

Clacton/Tendring

Colchester

# InterAct with us

Join in the fun and chill out friends with InterAct's friendship and leisure activities.

**Group Activities:** Whether it's a couple of hours at the movies, innovative sessions in a centre based atmosphere, chilling out with friends or a whole day in the community, our activity programme is bursting with fab things for young adults to do, whilst building confidence, trying new activities & joining in team building exercises. InterAct support young adults to achieve independence, learn valuable life/social skills & develop lasting friendships. We offer a full range of afternoon, evening and day provision throughout the academic year, based in Chelmsford, Maldon, Clacton, Colchester, and the Dengie and all areas across Mid & North Essex, whilst day trips during holiday periods are wider spread.

New **InterActers** are always welcome!

All our activities are for young adults who are registered with InterAct,

**Want to join in?** If you are not registered yet, or know someone who would like to join in, please visit our website and download the Registration Form to complete and return. Or just call/email us to have a chat and arrange a 'taster session' without the need to register



**www.interact.org.uk**



**01245 392053**



**InterActEssex**



**youngpeopleteam@interact.org.uk**



**Unit 63, Waterhouse Business Centre, 2 Cromar Way CM1 2QE**

Please see our policies at <https://www.interact.org.uk/keeping-you-safe/safeguarding>

**Please don't forget to leave us your feedback when booking online. We want you to have your say!**

# InterAct's 19-25 's Holiday Activity Programme

# InterAct








Date		Activity	Cost	Ref	Minibus Pickups / Meeting points	Additional info
Monday 23 Dec		<b>Snow White Panto</b> - What's Christmas without yelling "It's behind you"! Lets start things off right with a trip to McDonalds then get into the festive mood with Snow White.	£38	HP 517	Pick up from <b>Colchester CO3 0PZ</b> <b>Chelmsford CM1 2QE</b>	Please bring a packed lunch, snacks and drinks
Monday 17 Feb		<b>Science Museum</b> - Discover the magic of flight, the secrets of your heartbeat, and the awe-inspiring wonders of space at the Science Museum and a tour around London.	£21	TC 141	Pick up from <b>Colchester CO3 0PZ</b> <b>Chelmsford CM1 2QE</b>	Please bring a packed lunch, snacks and drinks
Monday 07 April		<b>Hertfordshire Zoo</b> - Stroll alongside towering dinosaurs that once ruled the Earth, then come face-to-face with the giants that still roam with us today.	£34	TC 142	Pick up from <b>Colchester CO3 0PZ</b> <b>Chelmsford CM1 2QE</b>	Please bring a packed lunch, snacks and drinks
Monday 14 April		<b>Adventure Island</b> - Come and enjoy the sea air as you fly through the sky on Rage or refresh yourself with the Tidal Wave!	£31	TC 143	Pick up from <b>Colchester CO3 0PZ</b> <b>Chelmsford CM1 2QE</b>	Please bring a packed lunch, snacks and drinks

Holiday activities will be available to book from October. So please be quick to reserve your places and avoid disappointment. We can only offer a refund on holiday activities when the activity is fully booked and if we are we are able to fill your place. To cancel, please email [cancellations@interact.org.uk](mailto:cancellations@interact.org.uk) Times/info will be sent out via email & text the day before.

# Term Time Activities – MID Essex Together Club

## (Thursday) Age 19-25

Chill out with friends every Thursday at Writtle Christian Centre, or at fun activities out in the community, we will even pick you up from Chelmsford College. Learn valuable life skills, achieve independence, develop social skills and make some new friends through workshops, community and centre based sessions.

Date	Time	Activity	Cost		Where to meet	Additional info
Thursday 10 Oct	Reminder timings will be text out the week before	 <p><b>Pizza and Games</b> - Join your friends for a night of <b>Domino's</b> pizza, quizzes, board games, and good vibes.</p>	Taster	TC 118	Pick up Chelmsford College, Moulsham St, <b>CM2 0JQ</b> <b>3:15pm</b>	Drop off <b>InterAct</b> offices <b>CM1 2QE</b> <b>6:30pm</b>
Thursday 17 Oct	Reminder timings will be text out the week before	 <p><b>Self Care</b> - Learn the power of self-care! Try out some yoga, unwind with a foot spa and while you care for your physical self, why not make mindfulness crafts to show your inner thoughts and feelings.</p>	Taster	TC 119	Pick up Chelmsford College, Moulsham St, <b>CM2 0JQ</b> <b>3:15pm</b>	Drop off <b>InterAct</b> offices <b>CM1 2QE</b> <b>6:30pm</b>  Drinks & snacks provided
Thursday 24 Oct	Reminder timings will be text out the week before	 <p><b>Pumpkin Carving</b> - Unleash your inner Frankenstein and craft a spooky masterpiece. What creepy face will you create? With Halloween fun &amp; games too.</p>	Taster	TC 120	Pick up Chelmsford College, Moulsham St, <b>CM2 0JQ</b> <b>3:15pm</b>	Drop off <b>InterAct</b> offices <b>CM1 2QE</b> <b>6:30pm</b>  Drinks & snacks provided
Thursday 07 Nov	Reminder timings will be text out the week before	 <p><b>Laser Quest</b> - Gear up and dive into the action! Whether you're a sharp shooter or a stealthy marksman, it's time to show your skills in this epic indoor battle</p>	£14	TC 121	Pick up <b>InterAct</b> office <b>CM1 2QE 5:30pm</b> Pick up Maldon Morrisons <b>CM9 6GG 6pm</b>	Drop off <b>Maldon Morrisons 8:15pm</b> & <b>InterAct</b> offices <b>8:45pm</b>
Thursday 14 Nov	Reminder timings will be text out the week before	 <p><b>Pizza &amp; Gaming tournament</b>- Show off your gaming skills by playing against each other or team up with friends to take down a big boss. Will you be the ultimate winner or the best mate.</p>	Taster	TC 122	Pick up Chelmsford College, Moulsham St, <b>CM2 0JQ</b> <b>3:15pm</b>	Drop off <b>InterAct</b> offices <b>CM1 2QE</b> <b>6:30pm</b>  Drinks & snacks provided

Book & pay for activities online: [www.interact.org.uk/book-online/together-club](http://www.interact.org.uk/book-online/together-club)

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Chill out with friends every Thursday at Maldon YC, or at fun activities out in the community we will even pick you up at Chelmsford College. Learn valuable life skills, achieve independence, develop social skills and make some new friends through workshops, community and centre based sessions.

Date	Time	Activity	Cost		Where to meet	Additional info
<b>Thursday 21 Nov</b>	Reminder timings will be text out the week before	 <b>Yiota Dance</b> - Pick up some fresh dance moves to impress your friends, all while having fun with Yiota.	£6	TC 123	Pick up Chelmsford College , Moulsham St, <b>CM2 0JQ</b> <b>3:15pm</b>	<b>Drop off InterAct offices CM1 2QE</b> <b>6:30pm</b> Drinks & snacks provided
<b>Thursday 28 Nov</b>	Reminder timings will be text out the week before	 <b>Wrap it up</b> - Join our festive gift wrapping mini class and learn how to turn your presents into works of art! You'll be ready to impress this Christmas!	£6	TC 124	Pick up Chelmsford College , Moulsham St, <b>CM2 0JQ</b> <b>3:15pm</b>	<b>Drop off InterAct offices CM1 2QE</b> <b>6:30pm</b> Drinks & snacks provided
<b>Thursday 05 Dec</b>	Reminder timings will be text out the week before	 <b>The German Market</b> - Get into the Christmas spirit and look for some last minute presents while also enjoying delicious waffles, bratwurst and drinking some amazing hot chocolate!	£6	TC 125	Pick up InterAct office <b>CM1 2QE</b> <b>5:30pm</b> Pick up Maldon Morrisons <b>CM9 6GG</b> <b>6pm</b>	<b>Drop off Maldon Morrisons 8pm &amp; InterAct offices 8:30pm</b> Please bring spending money for the market
<b>Friday 06 Dec</b>	<b>6:00pm - 9:00pm</b>	<b>InterAct's family Christmas party</b>	<b>£10</b>		<b>Galleywood Youth Centre</b>	<b>See flyer on back page</b>
<b>Thursday 12 Dec</b>	Reminder timings will be text out the week before	 <b>Christmas Kahoot Quiz Night &amp; Movie</b> - Test your festive knowledge and compete for some fun prizes. Come and join your friends and show us what you know.	£6	TC 126	Pick up Chelmsford College , Moulsham St, <b>CM2 0JQ</b> <b>3:15pm</b>	<b>Drop off InterAct offices CM1 2QE</b> <b>6:30pm</b> Drinks & snacks provided





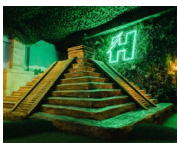

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Thursday 09 Jan	Reminder timings will be text out the week before	 <b>Harlow Leisure Zone Urban Limits</b> - Jump into the action at Urban Limits. Try out the exciting Gauntlet, or test your courage to see how far you can jump into the Pit of Doom!!	£20	TC 128	Pick up Maldon Morrisons <b>CM9 6GG 4:30pm</b> Pick up InterAct office <b>CM1 2QE 5:00pm</b>	InterAct offices 7:45 Drop off Maldon Morrisons 8pm
Thursday 16 Jan	Reminder timings will be text out the week before	 <b>Make your own tic-tac-toe</b> - Shape up a fun, custom game with air clay. Let your imagination run wild and craft a one-of-a-kind game board.	£6	TC 129	Pick up Chelmsford College, Moulsham St, <b>CM2 0JQ 3:15pm</b>	Drop off InterAct offices CM1 2QE 6:30pm Drinks & snacks provided
Thursday 23 Jan	Reminder timings will be text out the week before	 <b>Burger Making</b> - Discover the secrets to crafting the perfect homemade burger and why it's always a tastier choice. Get hands-on and create your own delicious masterpiece!	£6	TC 130	Pick up Chelmsford College, Moulsham St, <b>CM2 0JQ 3:15pm</b>	Drop off InterAct offices CM1 2QE 6:30pm Drinks & snacks provided
Thursday 30 Jan	Reminder timings will be text out the week before	 <b>Big Breakfast</b> - Uncover the secrets behind this classic morning feast and learn how to whip up the perfect spread for your next weekend brunch	£6	TC 131	Pick up Chelmsford College, Moulsham St, <b>CM2 0JQ 3:15pm</b>	Drop off InterAct offices CM1 2QE 6:30pm Drinks & snacks provided
Thursday 06 Feb	Reminder timings will be text out the week before	 <b>Crazy Golf</b> - Step into jungle and test your skills with a round of themed crazy golf at <b>Hackers</b> . Will you score a hole in one?	£20	TC 132	Pick up Chelmsford College, Moulsham St, <b>CM2 0JQ 3:15pm</b> Meet at Maldon YC <b>CM9 5GF 3:45pm</b>	InterAct offices 8pm Drop off Maldon Morrisons 8:30pm
Friday 13 Feb	Reminder timings will be text out the week before	 <b>Valentine's Chocolates</b> - Craft delicious chocolates to give to someone special. Show your love with a sweet, homemade treat.	£6	TC 133	Pick up Chelmsford College, Moulsham St, <b>CM2 0JQ 3:15pm</b>	Drop off InterAct offices CM1 2QE 6:30pm Drinks & snacks provided







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Date	Time	Activity	Cost		Where to meet	Additional info
Thursday 20 Feb	Reminder timings will be text out the week before	 Hungry Horse – Hungry as a horse? No worries! Join us for a delicious meal at The Hungry Horse, where you can hang out with old friends or make some new ones!	£6	TC 134	Pick up Maldon Morrisons <b>CM9 6GG 6:00pm</b> Meet at <b>Hungry Horse CM2 8NB 6:30pm</b>	<b>Drop off Maldon Morrisons 8:30pm</b> Please bring extra money for meal & drinks
Thursday 27 Feb	Reminder timings will be text out the week before	 <b>Therapy Dogs</b> - Meet these amazing canine companions and discover what makes them such special therapy dogs. It's a heart-warming experience you wont want to miss.	£6	TC 135	Pick up Chelmsford College , Moulsham St, <b>CM2 0JQ 3:15pm</b>	<b>Drop off InterAct offices CM1 2QE 6:30pm</b> Drinks & snacks provided
Thursday 06 March	Reminder timings will be text out the week before	 <b>Afternoon Tea</b> - Embrace the spring vibe with this charming English classic. Learn how to prepare your own delightful afternoon tea and enjoy a taste of tradition.	£6	TC 136	Pick up Chelmsford College , Moulsham St, <b>CM2 0JQ 3:15pm</b>	<b>Drop off InterAct offices CM1 2QE 6:30pm</b> Drinks & snacks provided
Thursday 13 March	Reminder timings will be text out the week before	 <b>St Patricks Day</b> - Join us for a festive celebration with lively music and some green treats as we honour this time-honoured tradition.	£6	TC 137	Pick up Chelmsford College , Moulsham St, <b>CM2 0JQ 3:15pm</b>	<b>Drop off InterAct offices CM1 2QE 6:30pm</b> Drinks & snacks provided
Thursday 20 March	Reminder timings will be text out the week before	 <b>Bread and sandwich making</b> - Channel your inner Homer Simpson and craft a giant sandwich from scratch! From making the bread to filling the sandwich!	£6	TC 138	Pick up Chelmsford College , Moulsham St, <b>CM2 0JQ 3:15pm</b>	<b>Drop off InterAct offices CM1 2QE 6:30pm</b> Drinks & snacks provided
Thursday 27 March	Reminder timings will be text out the week before	 <b>Special person day</b> - Decorate and plant a special bloom for someone you care about—be it mum, sister, gran or a teacher— brighten their day with a personal gift.	£6	TC 139	Pick up Chelmsford College , Moulsham St, <b>CM2 0JQ 3:15pm</b>	<b>Drop off InterAct offices CM1 2QE 6:30pm</b> Drinks & snacks provided

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# InterAct

## Christmas Party

AT GALLEYWOOD YOUTH CENTRE  
WATCHOUSE RD, CM2 8PT

**£ 1 0 P E R C H I L D - F A M I L I E S W E L C O M E**

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With DJ & Buffet meal  
Friday 6th December  
Doors open at 6pm-9pm  
Lexdon Springs pick up 5:15pm-9:45pm

