

InterAct

Jan - Mar 2026

Welcome

to our Activity Programme

If you are aged 8-14 or 15-18 with learning disabilities and/or additional needs check out the wide range of social activities on offer to you in this programme.



Book and pay for activities

Online: www.Interact.org.uk/book-online

QR Code:



Locations

Chelmsford
Colchester
Maldon
Clacton

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Every Tuesday age 8-18

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Every Tuesday age 8-18 (19-25)

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Every Tuesday age 11-18

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Every Wednesday age 11-18 (19-25)

12: Chelmsford

Every Friday age 11-18 (19-25)

13: Mid Community Essex

Fortnightly Wednesday age 8-18



Use our QR code
to book online



Join the SEND Sensation
Parent Voices group today!

- Friendly, safe space
- Online meetings every other month
- Daytime and evening meetings
- Share feedback and ideas
- Help improve your local offer
- Connect with other parents

Book online
via
Eventbrite!



www.sendsensation.co.uk

InterAct **With us**

Looking to make new friends and enjoy exciting activities? Whether it's a couple of hours at the movies or a full day at the zoo, our action-packed programme offers young people fantastic opportunities to get out and about, try new things, and build confidence—all while giving parents/carers a well-earned break.

We run a variety of evening activities throughout the academic year in Chelmsford, Maldon, Clacton, Jaywick, and Colchester, as well as exciting day trips during the school holidays across Essex. New **InterActers** are always welcome!

Who Can Join?

Our activities are open to young people registered with **InterAct**, **SENDSensation**, and **Essex Short Breaks**.

Not registered yet? No problem!



Download and complete a Registration Form from our website



Or give us a call/email to arrange a taster session



Register for **Essex Short Breaks**: eligibility.bookinglab.co.uk/essex/52481/introduction



Register for **SENDSensation**: sendsensation.justgo.com



Find Us:

www.interact.org.uk 01245 801571 youngpeopleteam@interact.org.uk

Unit 16, Old Park Farm, Ford End, Chelmsford, CM3 1LN

Follow us on Facebook: @interActEssex

Please ensure that young people wear suitable clothing and are provided with appropriate food and drink or money to purchase refreshments, during holiday activities. Please inform staff of any food allergies or intolerances before events.

Please see our policies at www.interact.org.uk/about-us/safeguarding

Please don't forget to leave us your feedback when booking online. We want you to have your say!

Meet the Team



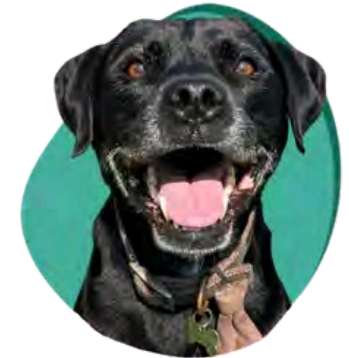
Vickie Perkins
CEO
07976 781054



Heather Grant
Service Manager
07495 401766



Tina Goodchild
19-25's Lead
07906 363429



Anthony Montgomery
Office Good Boy



Neil Chamroo
Activity Coordinator
07722 043830



Charleigh Summerbell
Activity Coordinator
07903 764923



Mandy Pond
Activity Coordinator
07535 855431







Marie Jarvis
Activity Coordinator
07813 582614



Alexis Filer
Activity Coordinator
07506 566841

InterAct's February Half Term Activities 8-18 years

Date	Activity	Cost	REF	Mini Bus Pickup/Meeting points	Additional info
Tuesday 17 Feb	 <p><u>GameBox-</u> Battle, race and puzzle your way through unpredictable, highly physical, fun-filled party games to climb the Gamebox leaderboard and leave victorious. It's active, wild and wonderful chaos, with different games every visit, made for groups who want to compete, collide and laugh all game long.</p>	£28	HP 563	Pick up from Chelmsford CM1 6AU Braintree CM77 8YH	Please bring a packed lunch, snacks and drinks
Wednesday 18 Feb	 <p><u>Barleyland-</u> Join us for a fun-filled day at Barleylands! We'll explore the farm, meet the animals, enjoy the play areas, and take part in hands-on activities. A great day out with plenty to see, do, and enjoy together.</p>	£34	HP 564	Pick up from Colchester CO3 0PZ Braintree CM77 8YH	Please bring a packed lunch, snacks and drinks
Thursday 19 Feb	 <p><u>InflataNation-</u> Get ready for a high-energy day at Inflataion Nation! We'll bounce, climb, and explore the inflatable zones, with plenty of chances to burn off energy and have fun together. A brilliant day out full of laughter and big smiles.</p>	£37	HP 565	Pick up from Colchester CO3 0PZ Clacton CO16 9FY	Please bring a packed lunch, snacks and drinks
Friday 20 Feb	 <p><u>Madison Heights-</u> Join us for an active and fun day at Madison Heights! We'll enjoy a mix of bowling and roller skating, with plenty of time to have fun, build confidence, and spend time with friends in a supportive setting.</p>	£34	HP 566	Pick up from Chelmsford CM1 6AU Maldon CM9 6GG Burnham CM0 8HS	Please bring a packed lunch, snacks and drinks

Holiday activities will be available to book from NOW. So please be quick to reserve your places and avoid disappointment. We can only offer a refund on holiday activities when the activity is fully booked and if we are able to fill your place.

To cancel, please email mail@interact.org.uk. Times/info will be sent out via email & text/WhatsApps the day before.

InterAct

Term Time Activities - 8-14's Youth Clubs Chelmsford, Colchester & Maldon

Looking for fun and new friends?

Come along and enjoy exciting sessions filled with sports, games, gaming, cookery, or just a chance to chill with friends! There's something for everyone, with a focus on making lasting friendships, building confidence, and—most importantly—having fun.

Our 8-14 clubs run in
Chelmsford, Maldon, and Colchester.

Colchester

Neil Chamroo

07722 043830

5:30pm - 7:30pm

Oak Tree Centre

252 Harwich Road

CO4 3DH

Chelmsford

Tina Goodchild

07906 363 429

6:00pm - 8:00pm

TBC

Maldon

Heather Grant

07495 401 766

6:00pm - 8:00pm

Plantation Hall

Heybridge

CM9 4AL

Snacks and drinks are provided at every Term Time Club, so all you need to do is bring your energy and enthusiasm! Secure your spot for our youth club below.

Colchester

Jan

15th Oaktree 8-14's youth club £12

29th **Oaktree 8-14's Hollywood Bowl Mini Golf** £17

Feb

12th Oaktree 8-14's youth club £12

26th **Oaktree 8-14's - Airhop** £21

March

12th Oaktree 8-14's youth club £12

26th Oaktree 8-14's youth club £12

Chelmsford

TBC

Maldon

Jan

20th Maldon 8-14's youth club £12

March

17th Maldon 8-14's youth club £12

Family Testimonial

"We came last night...everyone was so welcoming and my son who was a bit reluctant to come loved it and said he couldn't wait to come back and the ladies were so nice."



InterAct

Term Time Activities - Lexden Springs After School Club age 8-18

Are you aged 8-18 &
looking for some fun after school?

Non-pupils welcome

This after school club is for young people with special education needs.

We meet to enjoy a mixture of crafts, games, workshops & centre based activities, placing an emphasis on creating friendships, having fun, learning essential life skills & building confidence.

All activities are chosen by the young people who attend the group. Our Activity Coordinator will keep in touch with parents/carers during the week to confirm details of the upcoming activity and where to meet.

Charleigh Summerbell 07903 764923

Lexden Springs Special School
Winstree Road
Colchester
CO3 0PZ



Join us for exciting all-day holiday activities! You'll find the full schedule on page 4. Snacks and drinks are provided at every Term Time Club, so all you need to do is bring your energy and enthusiasm! Secure your spot for our youth club below.

Every Tuesday
3:00pm - 5:00pm

Jan

13th	Lexden Springs' after school club	
20th	Lexden Springs' after school club	£12
27th	Lexden Springs' after school club	

Feb

03rd	Lexden Springs' after school club	
10th	Lexden Springs' after school club	£12
24th	Lexden Springs' after school club	

February Half term activities, can be found on page 4

March

03rd	Lexden Springs' after school club	
10th	Lexden Springs' after school club	
17th	Lexden Springs' after school club	£12
24th	Lexden Springs' after school club	



Family Testimonial

"We now have a young boy who is willing to step outside his comfort zone and give things a go and this has made life for us that bit easier."



Book & pay for activities online - interact.org.uk/book-online

Important update from February

From February, our Colchester Youth Club will run on alternate weeks at two venues, with different session times.

Stanway Youth Club: 5.30-7.30pm

Highwoods Youth Centre: 6.30-8.30pm

Sessions will alternate weekly between Stanway and Highwoods. Please check the programme dates carefully so you know where we'll be each week.

All activities are chosen by the young people who attend the group. Our Activity Coordinator will keep in touch with parents/carers during the week to confirm details of the upcoming activity and where to meet.

Neil Chamroo 07722 043830

Stanway Youth Centre	Highwoods Youth Centre
Winstree Road	Highwoods Approach
Colchester	Colchester
CO3 0PZ	CO4 9BA

Join us for exciting all-day holiday activities! You'll find the full schedule on page 4. Snacks and drinks are provided at every Term Time Club, so all you need to do is bring your energy and enthusiasm! Secure your spot for our youth club below.

Every Tuesday

Times vary by venue

5:30 - 7:30pm & 6:30 - 8:30pm

Jan

13th	Highwoods 11-18's youth club	£12
20th	Highwoods 11-18's youth club	£12
27th	Colchester 11-18's Hollywood Bowl Mini Golf	£17

Feb

03rd	Stanway 11-18's youth club	£12
10th	Highwoods 11-18's youth club	£12
24th	Colchester 11-18's Airhop	£21

February Half term activities, can be found on page 4

March

03rd	Highwoods 11-18's youth club	£12
10th	Stanway 11-18's youth club	£12
17th	Highwoods 11-18's youth club	£12
24th	Colchester 11-18's Spy Mission	£21



Family Testimonial

"I like coming to the clubs to meet and talk about Football. I like to colour and play games. The activities are fun"



InterAct

Term Time Activities - Maldon Youth Club age 11-18

Looking for fun and new friends?

Come along and enjoy exciting sessions filled with sports, games, gaming, cookery, or just a chance to chill with friends! There's something for everyone, with a focus on making lasting friendships, building confidence, and—most importantly—having fun.

All activities are chosen by the young people who attend the group. Our Activity Coordinator will keep in touch with parents/carers during the week to confirm details of the upcoming activity and where to meet.

Mandy Pond 07535 855 431

Maldon Youth Centre

Carmelite Way

Maldon

CM9 5GF



Join us for exciting all-day holiday activities! You'll find the full schedule on page 4. Snacks and drinks are provided at every Term Time Club, so all you need to do is bring your energy and enthusiasm! Secure your spot for our youth club below.

**Every Tuesday
6:00pm - 8:00pm**

Jan

13th	Maldon 11-18's youth club	
20th	Maldon 11-18's youth club	£12
27th	Maldon 11-18's youth club	

Feb

03rd	Maldon 11-18's youth club	
10th	Maldon 11-18's youth club	£12
24th	Maldon 11-18's youth club	

February Half term activities, can be found on page 4

March

03rd	Maldon 11-18's youth club	
10th	Maldon 11-18's youth club	
17th	Maldon 11-18's youth club	£12
24th	Maldon 11-18's youth club	



Family Testimonial

"My daughter has benefited from InterAct's clubs and is always excited to come along for a new adventure. Her go to saying is 'What's Next?!'"



InterAct

Term Time Activities - Clacton Youth Club age 11-18 (19-25)

Looking for fun and new friends?

Come along and enjoy exciting sessions filled with sports, games, gaming, cookery, or just a chance to chill with friends! There's something for everyone, with a focus on making lasting friendships, building confidence, and—most importantly—having fun.

All activities are chosen by the young people who attend the group. Our Activity Coordinator will keep in touch with parents/carers during the week to confirm details of the upcoming activity and where to meet.

Marie Jervis 07813 582 614
Clacton Youth Club
180 Old Road
Clacton
CO15 3AY



Join us for exciting all-day holiday activities! You'll find the full schedule on page 4. Snacks and drinks are provided at every Term Time Club, so all you need to do is bring your energy and enthusiasm! Secure your spot for our youth club below.

Every Wednesday
4:30-6:30pm & 6:30- 8:30pm

Jan	11-15's	16-25's
14th	Clacton Youth Club	
21st	Clacton Youth Club	£6
28th	Clacton Youth Club	
Feb		
04th	Clacton Youth Club	
11th	Clacton Youth Club	£6
25th	Clacton Youth Club	

February Half term activities, can be found on page 4

March		
04th	Clacton Youth Club	
11th	Clacton Youth Club	
18th	Clacton Youth Club	
25th	Clacton Youth Club	£6



Family Testimonial

"He learnt invaluable skills in socialising, transferring his trust to others, making friends with those of similar needs and gain confidence in facing new challenges."



InterAct

Term Time Activities - Chelmsford Youth Club age 11-18 (19-25)

Looking for fun and new friends?

Come along and enjoy exciting sessions filled with sports, games, gaming, cookery, or just a chance to chill with friends! There's something for everyone, with a focus on making lasting friendships, building confidence, and—most importantly—having fun.

All activities are chosen by the young people who attend the group. Our Activity Coordinator will keep in touch with parents/carers during the week to confirm details of the upcoming activity and where to meet.

Mandy Pond 07535 855 431
Galleywood Youth Centre
Watchouse Road
Chelmsford
CM2 8PT



Join us for exciting all-day holiday activities! You'll find the full schedule on page 4. Snacks and drinks are provided at every Term Time Club, so all you need to do is bring your energy and enthusiasm! Secure your spot for our youth club below.

Every Friday
5:30pm - 8:30pm

Jan

16th	Chelmsford 11-18's youth club	
23rd	Chelmsford 11-18's youth club	£12
30th	Chelmsford 11-18's youth club	

Feb

06th	Chelmsford 11-18's youth club	
13th	Chelmsford 11-18's youth club	£12
27th	Chelmsford 11-18's youth club	

February Half term activities, can be found on page 4

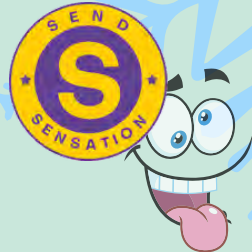
March

06th	Chelmsford 11-18's youth club	
13th	Chelmsford 11-18's youth club	
20th	Chelmsford 11-18's youth club	£12
27th	Chelmsford 11-18's youth club	



Family Testimonial

"He learnt invaluable skills in socialising, transferring his trust to others, making friends with those of similar needs and gain confidence in facing new challenges."



InterAct

Term Time Activities - Mid Community Activities age 8-18



ALL WELCOME 8-18 (19+)

Join InterAct for out & about activities at local venues including Mini golf, Jump Street, meals out, bowling to name a few!

CHELMSFORD, MALDON AND SURROUNDING AREAS

Fortnightly on a Wednesday

Heather Grant - 07495 401 766

Alexis Filer - 07506 566 841

Minibus Pick up from
Morrisons Supermarket

Maldon

CM9 6GG

Join us for exciting all-day holiday activities! You'll find the full schedule on page 4. All you need to do is bring your energy and enthusiasm! Secure your spot for our youth club below.

BOOKINGS CLOSE TUESDAY MIDDAY

14th Jan - [Ninja Warrior](#) - £22

28th Jan - [Curry & Bowling](#) - £24

11th Feb - [Kaspa's & BCK YRD Golf](#) - £33

25 Feb - [Airhop](#) - £28

11th March - [Gaming Arena](#) - £27

25th March - [Hungry Horse](#) - £21

Family Testimonial

"It has been fantastic for his confidence and independence. He really enjoys meeting up with his friends and loves the activities whether they are at the Centre or external trips."





InterAct



Disability 4SPORT

11-15's

4:30-6:30PM Wednesdays

Weekly at

Green Lodge Youth Centre, 180 Old Road
Clacton-on-sea, CO15 3AY

Local Supported Fun,
Friends & fabulous stuff

For more information:

InterAct

youngpeopleteam@interact.org.uk

Disability 4sport

info@disability4sport.co.uk

Join us for our

InterAct

Saturday Club

North Essex

Stanway Youth Centre in Colchester
Every Third Week

Morning 9:30am-12:30pm - £12

Afternoon 1:30pm-5:30pm - £12

Want to join all day?

You can, by booking both AM & PM