

InterAct

July - Sept 2026

Welcome

to our Activity Programme

If you are aged 8-14 or 15-18 with learning disabilities and/or additional needs check out the wide range of social activities on offer to you in this programme.

 Book and pay for activities

Online: www.interact.org.uk/book-online

QR Code:



Locations

Chelmsford

Coldchester

Maldon

Clacton

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Every Wednesday age 11-13 (19-25)



Use our QR code
to book online



**Join the SEND Sensation
Parent Voices group today!**

- Friendly, safe space
- Online meetings every other month
- Daytime and evening meetings
- Share feedback and ideas
- Help improve your local offer
- Connect with other parents

Book online
via
Eventbrite!



www.sendsensation.co.uk

InterAct **With us**


Looking to make new friends and enjoy exciting activities? Whether it's a couple of hours at the movies or a full day at the zoo, our action-packed programme offers young people fantastic opportunities to get out and about, try new things, and build confidence—all while giving parents/carers a well-earned break.

We run a variety of evening activities throughout the academic year in Chelmsford, Maldon, Clacton, Jaywick, and Colchester, as well as exciting day trips during the school holidays across Essex. New **InterActers** are always welcome!

Who Can Join?

Our activities are open to young people registered with **InterAct**, **SENDSensation**, and **Essex Short Breaks**.

Not registered yet? No problem!

 Download and complete a Registration Form from our website

 Or give us a call or email to arrange a taster session

 Register for **Essex Short Breaks**: eligibility.bookinglab.co.uk/essex/52481/introduction

 Register for **SEND Sensation**: sendsensation.justgo.com

 **Find Us:**

 www.interact.org.uk  01245 801571  youngpeopleteam@interact.org.uk

 **Unit 16, Old Park Farm, Ford End, Chelmsford, CM3 1LN**

 **Follow us on Facebook: @interActEssex**

Please ensure that young people wear suitable clothing and are provided with appropriate food and drink or money to purchase refreshments, during holiday activities. Please inform staff of any food allergies or intolerances before events.

Please see our policies at www.interact.org.uk/about-us/safeguarding

Please don't forget to leave us your feedback when booking online. We want you to have your say!

Meet the Team



Vickie Perkins
CEO
07976 781054



Heather Grant
Service Manager
07495 401766



Sarah Marlow
NLCF Lead
07906 363429



Mandy Pond
Activity Coordinator
07535 855431



Neil Chamroo
Activity Coordinator
07722 043830



Charleigh Summerbell
Activity Coordinator
07903 764923



Marie Jervis
Activity Coordinator
07813 582614



Alexis Filer
Activity Coordinator
07506 566841

Date	Activity	Cost	REF	Mini Bus Pickup/Meeting points	Additional info
Tuesday 28 July	 Natural History Museum <u>Nature history musuems-</u> We'll explore fascinating exhibits and take part in the immersive David Attenborough Experience. Discover the wonders of the natural world, learn about wildlife and conservation and the world history.	£46	HP 576	Pick up from Chelmsford CM1 6AU Colchester CO3 0PZ	Please bring a packed lunch, snacks and drinks
Wednesday 29 July	 CanalAbility <u>Canal Ability-</u> Spend a full day on the river with Canal Ability! Young people can try their hand at driving the boat, enjoy the peaceful surroundings, and relax onboard.	£49	HP 577	Pick up from Chelmsford CM1 6AU Maldon CM9 6GG	Please bring a packed lunch, snacks and drinks
Thursday 30 July	 SKY ROPES <u>Sky Ropes-</u> Enjoy an active day out with time on the Sky Ropes, followed by a relaxing walk around Great Notley Park. We will explore the outdoors, and finish with a picnic in the park.	£30	HP 578	Pick up from Chelmsford CM1 6AU Colchester CO3 0PZ	Please bring a packed lunch, snacks and drinks
Friday 31 July	 <u>Bowling and Baking 11-18 Years Old-</u> Get ready for 2 games of bowling, then we'll return to Galleywood for baking and games. A brilliant day filled with laughter, creativity and time with friends.	£25	HP 579	Pick up from Chelmsford CM1 6AU Maldon CM9 6GG	Please bring a packed lunch, snacks and drinks



Holiday activities will be available to book from NOW. So please be quick to reserve your places and avoid disappointment. We can only offer a refund on holiday activities when the activity is fully booked and if we are able to fill your place. To cancel, please email mail@interact.org.uk. Times/info will be sent via email and text/WhatsApps the day before.

Date	Activity	Cost	REF	Mini Bus Pickup/Meeting points	Additional info
Tuesday 4 Aug	 <p>Dinosaur World live- Join us for a roaring adventure at Dinosaur World Live! Meet incredible dinosaurs, enjoy an interactive theatre experience, and get ready for plenty of prehistoric fun.</p>	£44	HP 580	Pick up from Chelmsford CM1 6AU Colchester CO3 0PZ	Please bring a packed lunch, snacks and drinks
Wednesday 5 Aug	 <p>Code Ninjas- Step into the world of coding and creativity at Code Ninjas! Young people will have the chance to build games, learn new tech skills, and problem-solve in a fun, supportive environment. Perfect for beginners and budding programmers.</p>	£20	HP 581	Pick up from Chelmsford CM1 6AU Maldon CM9 6GG	Please bring a packed lunch, snacks and drinks
Thursday 6 Aug	 <p>Beach Hut- Enjoy a relaxing day by the seaside at our Clacton Beach Hut! Young people can take in the fresh air, play games on the beach, and unwind in a calm, supportive space. A perfect mix of fun and chill by the coast.</p>	£22	HP 582	Pick up from Chelmsford CM1 6AU Maldon CM9 6GG Colchester CO3 0PZ	Please bring a packed lunch, snacks and drinks



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Tuesday 11 Aug	 <p>Tag Ninja- Get ready for action at Ninja Tag! We'll dodge, hide, and compete in exciting team challenges while testing our speed, agility, and teamwork. A fun-filled session packed with energy and adventure.</p>	£24	HP 583	Pick up from Chelmsford CM1 6AU Colchester CO3 0PZ	Please bring a packed lunch, snacks and drinks
Wednesday 12 Aug	 <p>Go Ape- Take on the ultimate treetop adventure with the Go Ape Treetop Challenge! Young people will tackle high ropes, wobbly crossings, and zip wires, building confidence and resilience along the way.</p>	£52	HP 584	Pick up from Chelmsford CM1 6AU Maldon CM9 6GG	Please bring a packed lunch, snacks and drinks
Thursday 13 Aug	 <p>Owl Sanctuary- Discover why owls are known for their wisdom and see the incredible work done to protect these majestic birds—plus, meet many more amazing feathered friends along the way</p>	£32	HP 585	Pick up from Chelmsford CM1 6AU Colchester CO3 0PZ	Please bring a packed lunch, snacks and drinks
Friday 14 Aug	 <p>Roots Allotment 11-18 Years Old- Join us at Roots Allotment for gardening and nature activities, before heading back to Galleywood Youth Centre for games, a movie, and time to relax with friends.</p>	£14	HP 586	Pick up from Chelmsford CM1 6AU Maldon CM9 6GG	Please bring a packed lunch, snacks and drinks

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Date	Activity	Cost	REF	Mini Bus Pickup/Meeting points	Additional info
Tuesday 18 Aug	<p>Big Bus- See London's famous sights from the top deck of an open-top bus! We'll take in iconic landmarks, enjoy the views, and learn more about the city as we travel through the heart of London.</p>	£53	HP 587	Pick up from Chelmsford CM1 6AU Colchester CO3 0PZ	Please bring a packed lunch, snacks and drinks
Wednesday 19 Aug	<p>Adventure Island- Get ready for a fun-filled day at Adventure Island! Young people can enjoy a variety of rides and attractions, with something for everyone to take part in at their own pace.</p>	£46	HP 588	Pick up from Chelmsford CM1 6AU Maldon CM9 6GG	Please bring a packed lunch, snacks and drinks
Thursday 20 Aug	<p>Airhop- Bounce, flip and burn off some energy at AirHop! We will enjoy two hours of fun on the trampolines, with plenty of space to jump, play, and build confidence. A great session for staying active and having a laugh.</p>	£36	HP 589	Pick up from Chelmsford CM1 6AU Colchester CO3 0PZ	Please bring a packed lunch, snacks and drinks
Friday 21 Aug	<p>Bear Creek 11-18 Year Olds- Join us for a fun day at Bear Creek! We'll put our golfing skills to the test on the adventure golf course, enjoy friendly competition, and have plenty of laughs along the way. A great day out for all abilities.</p>	£28	HP 590	Pick up from Chelmsford CM1 6AU Maldon CM9 6GG	Please bring a packed lunch, snacks and drinks



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Date	Activity	Cost	REF	Mini Bus Pickup/Meeting points	Additional info
Tuesday 25 Aug	 <p>Maldon Zoo- We'll explore the park, visit the petting zoo to meet and interact with the animals, and enjoy time outdoors with friends in a relaxed and friendly environment.</p>	£26	HP 591	Pick up from Chelmsford CM1 6AU Meet at Maldon CM9 5JQ	Please bring a packed lunch, snacks and drinks
Wednesday 26 Aug	 <p>Mersea Island- Kick off our two-day adventure at Mersea Island Festival! Young people will enjoy live entertainment, creative activities, and a vibrant seaside atmosphere. Lunch, snacks and drinks will be provided as part of the day.</p>	£46	HP 592	Pick up from Chelmsford CM1 6AU Colchester CO3 0PZ	Lunch is included. Please bring any snacks or drink
Thursday 27 Aug	 <p>Mersea Island- Continue the fun with another full day at the festival, with more opportunities to explore, socialise, and try new experiences. Lunch and dinner will again be included, making it a relaxed and enjoyable trip from start to finish.</p>	£46	HP 593	Pick up from Chelmsford CM1 6AU Colchester CO3 0PZ	Lunch is included. Please bring any snacks or drink
Friday 28 Aug	 <p>Game Wagon (11-18 Years old)- Get ready for a gaming-filled day at Galleywood Youth Centre with the Game Wagon! Enjoy a variety of video games, friendly competition, and plenty of fun with friends in a relaxed and supportive environment.</p>	£42	HP 594	Pick up from Chelmsford CM2 8PT	Please bring a packed lunch, snacks and drinks

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Term Time Activities - 8-14's Youth Clubs Chelmsford, Colchester & Maldon

Come along and enjoy exciting sessions filled with sports, games, gaming, cookery, or just a chance to chill with friends! There's something for everyone, with a focus on making lasting friendships, building confidence, and-most importantly-having fun.

Our 8-14 clubs run in Chelmsford, Maldon, and Colchester.

Colchester

Neil Chamroo

07722 043830

5:30pm - 7:30pm

Oak Tree Centre

252 Harwich Road

CO4 3DH

Maldon

Heather Grant

07495 401 766

6:00pm - 8:00pm

Plantation Hall

Heybridge

CM9 4AL

Snacks and drinks are provided at every Term Time Club, so all you need to do is bring your energy and enthusiasm! Secure your spot for our youth club below.

Colchester

July

2nd
16th

Oaktree 8-14's youth club
Oaktree 8-14's youth club

£12

Sept

10th
24th

Oaktree 8-14's youth club
Oaktree 8-14's youth club

£12

Summer Holiday activities, can be found on pages [5-10](#)

Maldon

Sept
16th

Maldon 8-14's youth club

£12

Family Testimonial

"We came last night...everyone was so welcoming and my son who was a bit reluctant to come loved it and said he couldn't wait to come back and the ladies were so nice."





Term Time Activities - Lexden Springs After School Club age 11-18



Are you aged 8-18 & looking for some fun after school?

Non-pupils welcome

This after school club is for young people with special educational needs.

We meet to enjoy a mixture of crafts, games, workshops & centre based activities, placing an emphasis on creating friendships, having fun, learning essential life skills & building confidence.

Charleigh Summerbell
07903 764923

Lexden Springs Special School
Winstree Road
Colchester
CO3 0PZ

Snacks and drinks are provided at every Term Time Club, so all you need to do is bring your energy and enthusiasm! Secure your spot for our youth club below.

Every Tuesday
3:00pm - 5:00pm

July

- 7th Lexden Springs' after school club £12
- 14th Lexden Springs' after school club

Summer Holiday activities, can be found on pages 5-10

Sept

- 08th Lexden Springs' after school club
- 15th Lexden Springs' after school club
- 22nd Lexden Springs' after school club £12
- 29th Lexden Springs' after school club



Family Testimonial

"We now have a young boy who is willing to step outside his comfort zone and give things a go and this has made life for us that bit easier."



Book & pay for activities online - interact.org.uk/book-online





Term Time Activities - Colchester Youth Club age 11-18 (19+)



Our Colchester Youth Club will run on alternate weeks at two venues, with different session times.

Stanway Youth Club: 5.30-7.30pm

Highwoods Youth Centre: 6.30-8.30pm

Sessions will alternate weekly between Stanway and Highwoods. Please check the programme dates carefully so you know where we'll be each week.

All activities are chosen by the young people who attend the group. Our Activity Coordinator will keep in touch with parents/carers during the week to confirm details of the upcoming activity and where to meet.

Neil Chamroo

07722 043830

Stanway Youth Centre
Winstree Road
Colchester
CO3 0PZ

Highwoods Youth Centre
Highwoods Approach
Colchester
CO4 9BA

Snacks and drinks are provided at every Term Time Club, so all you need to do is bring your energy and enthusiasm! Secure your spot for our youth club below.

Every Tuesday

Times vary by venue

5:30pm-7:30pm & 6:30pm-8:30pm

July

7th	Stanway 11-18's youth club	£12
14th	Highwoods 11-18's youth club	

Summer Holiday activities, can be found on pages 5-10

Sept

08th	Stanway 11-18's youth club	
15th	Highwoods 11-18's youth club	£12
22nd	Stanway 11-18's youth club	
29th	Highwoods 11-18's youth club	

Family Testimonial

"I like coming to the clubs to meet and talk about Football. I like to colour and play games. The activities are fun."



Book & pay for activities online - interact.org.uk/book-online





Term Time Activities - Saturday Youth Club age 11-18



Why not come along and enjoy our fun, inclusive sessions? Whether you're into sports, games, gaming, cookery, or just chilling with friends, there's something for everyone. Each session focuses on building confidence, improving social skills, creating lasting friendships, and—most importantly—having fun.

All activities are chosen by the young people who attend the group. Our Activity Coordinator will keep in touch with parents/carers during the week to confirm details of the upcoming activity and where to meet.

Neil Chamroo
07722 043830

Heather Grant
07495 401766

Stanway Youth Centre
Winstree Road
Colchester
CO3 0PZ

Snacks and drinks are provided at every Term Time Club, so all you need to do is bring your energy and enthusiasm! Secure your spot for our youth club below.

Morning 9:30am-12:30pm
Afternoon 1:30pm-3:30pm

Want to join all day?
You can, by booking both AM & PM

July	Saturday 11-18's youth club- AM	£12
	Saturday 11-18's youth club- PM	£12
Aug	Saturday 11-18's youth club- AM	£12
	Saturday 11-18's youth club- PM	£12
Sept	Saturday 11-18's youth club- AM	£12
	Saturday 11-18's youth club- PM	£12





Term Time Activities - Maldon Youth Club age 11-18 (19+)

Why not come along and enjoy our fun, inclusive sessions? Whether you're into sports, games, gaming, cookery, or just chilling with friends, there's something for everyone. Each session focuses on building confidence, improving social skills, creating lasting friendships, and—most importantly—having fun.

All activities are chosen by the young people who attend the group. Our Activity Coordinator will keep in touch with parents/carers during the week to confirm details of the upcoming activity and where to meet.

Mandy Pond
07535 855 431
Maldon Youth Centre
Carmelite Way
Maldon
CM9 5GF



Snacks and drinks are provided at every Term Time Club, so all you need to do is bring your energy and enthusiasm! Secure your spot for our youth club below.

Every Tuesday
6:00pm - 8:00pm

July		
7th	Maldon 11-18's youth club	£12
14th	Maldon 11-18's youth club	

Summer Holiday activities, can be found on pages 5 - 10

Sept		
08th	Maldon 11-18's youth club	
15th	Maldon 11-18's youth club	£12
22nd	Maldon 11-18's youth club	
29th	Maldon 11-18's youth club	



Family Testimonial

"My daughter has benefited from InterAct's clubs and is always excited to come along for a new adventure. Her go-to saying is 'What's Next?!'"



Why not come along and enjoy our fun, inclusive sessions? Whether you're into sports, games, gaming, cookery, or just chilling with friends, there's something for everyone. Each session focuses on building confidence, improving social skills, creating lasting friendships, and—most importantly—having fun.

All activities are chosen by the young people who attend the group. Our Activity Coordinator will keep in touch with parents/carers during the week to confirm details of the upcoming activity and where to meet.

Mandy Pond

07535 855 431

Galleywood Youth Centre

Watchouse Road

Chelmsford

CM2 8PT

Snacks and drinks are provided at every Term Time Club, so all you need to do is bring your energy and enthusiasm! Secure your spot for our youth club below.

**Every Friday
5:30pm - 8:30pm**

July

03rd	Chelmsford 11-18's youth club	
10th	Chelmsford 11-18's youth club	£12
17th	Chelmsford 11-18's youth club	

Summer Holiday activities, can be found on pages [5 - 10](#)

sept

12th	Chelmsford 11-18's youth club	
19th	Chelmsford 11-18's youth club	£12
26th	Chelmsford 11-18's youth club	



Family Testimonial

"He learnt invaluable skills in socialising, transferring his trust to others, making friends with those of similar needs and gain confidence in facing new challenges."

