

InterAct

Oct - Dec 2026

Welcome to our Activity Programme

If you are aged 8-14 or 15-18 with learning disabilities and/or additional needs check out the wide range of social activities on offer to you in this programme.



Book and pay for activities

Online: www.Interact.org.uk/book-online

QR Code:



Locations

Chelmsford
Colchester
Maldon

Index

1: Send Sensation groups

2: About Us

3: Meet the Team

4: Holiday Activities

6: Lexden Springs

Every Tuesday age 8-18

7: Colchester

Every Tuesday age 8-18 (19-25)

8: Colchester Saturday Club

Every Third Saturday age 11-18

9: Maldon

Every Tuesday age 11-18

10: Chelmsford

Every Friday age 11-18 (19-25)

8: Chelmsford Saturday Club

Every Fourth Saturday age 11-18



Use our QR code
to book online



Join the SEND Sensation Parent Voices group today!

- Friendly, safe space
- Online meetings every other month
- Daytime and evening meetings
- Share feedback and ideas
- Help improve your local offer
- Connect with other parents

Book online
via
Eventbrite!



www.sendsensation.co.uk

SEND Sensation CIC Number: 14666610

InterAct **With us**

Looking to make new friends and enjoy exciting activities? Whether it's a couple of hours at the movies or a full day at the zoo, our action-packed programme offers young people fantastic opportunities to get out and about, try new things, and build confidence—all while giving parents/carers a well-earned break.

We run a variety of evening activities throughout the academic year in Chelmsford, Maldon, Clacton, and Colchester, as well as exciting day trips during the school holidays across Essex. New **InterActers** are always welcome!

Who Can Join?

Our activities are open to young people registered with **InterAct**, **SENDSensation**, and **Essex Short Breaks**.

Not registered yet? No problem!



Download and complete a Registration Form from our website



Or give us a call or email to arrange a taster session



Register for **Essex Short Breaks**: eligibility.bookinglab.co.uk/essex/52481/introduction



Register for **SEND Sensation**: sendsensation.justgo.com



Find Us:

www.interact.org.uk 01245 801571 youngpeopleteam@interact.org.uk

Unit 16, Old Park Farm, Ford End, Chelmsford, CM3 1LN

Follow us on Facebook: @interActEssex

Please ensure that young people wear suitable clothing and are provided with appropriate food and drink or money to purchase refreshments, during holiday activities. Please inform staff of any food allergies or intolerances before events.

Please see our policies at www.interact.org.uk/about-us/safeguarding

Please don't forget to leave us your feedback when booking online. We want you to have your say!

MEET THE TEAM



Vickie Perkins
CEO
07976 781054



Heather Grant
Service Manager
07495 401766



Sarah Marlow
Young Adults Lead
07906 363429



Mandy Pond
Activity Coordinator
07535 855431



Charleigh Summerbell
Activity Coordinator
07903 764923



Marie Jervis
Activity Coordinator
07813 582614



Alexis Filer
Activity Coordinator
07506 566841

InterAct's October Activities 8-18 years



Date	Activity	Cost	REF	Mini Bus Pickup/Meeting points	Additional info
Tuesday 27 Oct	Canal Ability- Spend a full day on the river with Canal Ability! Young people can try their hand at driving the boat, enjoy the peaceful surroundings, and relax onboard.	£49	HP 595	Pick up from Chelmsford CM1 6AU Maldon CM9 6GG	Please bring a packed lunch, snacks and drinks
Wednesday 28 Oct	Jimmy's Farm- Forget everything you know about farms; Jimmy's Farm is so much more! With polar bears, Arctic foxes, and even capybaras, it's a wild adventure waiting to happen.	£37	HP 596	Pick up from Chelmsford CM1 6AU Colchester CO3 0PZ	Please bring a packed lunch, snacks and drinks
Thursday 29 Oct	Trail Net- We're heading to Trailnet for a fun day of cycling! Whether you're a confident rider or just getting started, there's something for everyone. Enjoy the fresh air, explore the trails and have a wheelie good time with friends.	£45	HP 597	Pick up from Chelmsford CM1 6AU Colchester CO3 0PZ	Please bring a packed lunch, snacks and drinks
Friday 30 Oct	Pumpkin picking & Galleywood Club 11-18- We're heading to Marsh Farm for some autumn fun. Pick your perfect pumpkin (up to £5 included in the price), then we'll head back to Galleywood Youth Centre to get creative and carve our pumpkins ready for Halloween	£33	HP 598	Pick up from Chelmsford CM1 6AU Maldon CM9 6GG	Please bring a packed lunch, snacks and drinks

Holiday activities will be available to book from NOW. So please be quick to reserve your places and avoid disappointment.

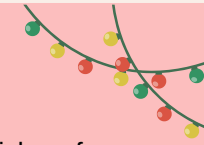
We can only offer a refund on holiday activities when the activity is fully booked and if we are able to fill your place.

To cancel, please email mail@interact.org.uk. Times/info will be sent via email and text/WhatsApps the day before.



InterAct's December Activities 8-18 years



Date	Activity	Cost	REF	Mini Bus Pickup/Meeting points	Additional info
Friday 4 Dec	 InterAct Christmas Carnival Party- Come and celebrate Christmas with us! Enjoy a festive evening with a DJ, dancing and a delicious buffet. Families are welcome to join in the fun! Party: 6:00pm – 9:00pm Lexden Springs pick-up: 5:15pm – 9:45pm	£10 per child • Families welcome		Pick up from Colchester CO3 0PZ Party at Galleywood Youth Centre CM2 8PT	
Tuesday 22 Dec	 Lumina - Join us for a magical evening at Lumina! We'll explore the spectacular light trail, enjoy the festive displays and soak up the Christmas atmosphere together. Wrap up warm and get ready for a sparkling adventure!	TBC	HP 576	 Pick up from Chelmsford CM1 6AU Maldon CM9 6GG	Please bring a packed lunch, snacks and drinks
Wednesday 23 Dec	 Panto Colchester - Join us for a magical trip to the panto to see <i>Jack and the Beanstalk</i>! Expect plenty of laughs, music, colourful characters and lots of audience participation. Oh yes you will!	£41	HP 577	 Pick up from Colchester CO3 0PZ	Please bring a packed lunch, snacks and drinks

Holiday activities will be available to book from NOW. So please be quick to reserve your places and avoid disappointment. We can only offer a refund on holiday activities when the activity is fully booked and if we are able to fill your place. To cancel, please email mail@interact.org.uk. Times/info will be sent via email and text/WhatsApps the day before.





Term Time Activities – Lexden Springs After School Club age 8–18

**Are you aged 8–18 &
looking for some fun after school?**

Non-pupils welcome

This after school club is for young people with special educational needs.

We meet to enjoy a mixture of crafts, games, workshops & centre based activities, placing an emphasis on creating friendships, having fun, learning essential life skills & building confidence.

Charleigh Summerbell

07903 764923

Lexden Springs Special School
Winstree Road
Colchester
CO3 0PZ



Snacks and drinks are provided at every term-time Club, so all you need to do is bring your energy and enthusiasm! Secure your spot for our youth club below.

Every Tuesday
3:00pm – 5:00pm

Oct

6th	Lexden Springs' after school club	£12
13th	Lexden Springs' after school club	

Half Term Holidays on page 4 & 5

Nov

3rd	Lexden Springs' after school club	£12
10th	Lexden Springs' after school club	
17th	Lexden Springs' after school club	
24th	Lexden Springs' after school club	

Dec

1st	Lexden Springs' after school club	£12
8th	Lexden Springs' after school club	
15th	Lexden Springs' after school club	



**Family
Testimonial**

"We now have a young boy who is willing to step outside his comfort zone and give things a go and this has made life for us that bit easier."



Book & pay for activities online – interact.org.uk/book-online



Term Time Activities – Colchester Youth Club age 11–18 (19 – 25)

Our Colchester Youth Club will run on alternate weeks at two venues, with different session times.

Stanway Youth Club: 5.30–7.30pm

Highwoods Youth Centre: 6.30–8.30pm

Sessions will alternate weekly between Stanway and Highwoods. Please check the programme dates carefully so you know where we'll be each week.

All activities are chosen by the young people who attend the group. Our Activity Coordinator will keep in touch with parents/carers during the week to confirm details of the upcoming activity and where to meet.

Heather Grant

07495 401766

Stanway Youth Centre
Winstree Road
Colchester
CO3 0PZ

Highwoods Youth Centre
Highwoods Approach
Colchester
CO4 9BA



Snacks and drinks are provided at every term-time Club, so all you need to do is bring your energy and enthusiasm! Secure your spot for our youth club below.

Every Tuesday

Times vary by venue

5:30pm–7:30pm & 6:30pm–8:30pm

Oct

6th	Stanway 11–18's youth club	
13th	Highwoods 11–18's youth club	£12
20th	Stanway 11–18's youth club	

Holiday activities are on pages 4 & 5

Nov

3rd	Stanway 11–18's youth club	
10th	Highwoods 11–18's youth club	
17th	Stanway 11–18's youth club	£12
24th	Highwoods 11–18's youth club	

Dec

1st	Stanway 11–18's youth club	
8th	Highwoods 11–18's youth club	£12
15th	Stanway 11–18's youth club	

Family Testimonial

"I like coming to the clubs to meet and talk about Football. I like to colour and play games. The activities are fun."





Term Time Activities – Saturday Youth Club age 11–18 Colchester

Why not come along and enjoy our fun, inclusive sessions? Whether you're into sports, games, gaming, cookery, or just chilling with friends, there's something for everyone. Each session focuses on building confidence, improving social skills, creating lasting friendships, and—most importantly—having fun.

All activities are chosen by the young people who attend the group. Our Activity Coordinator will keep in touch with parents/carers during the week to confirm details of the upcoming activity and where to meet.

Heather Grant
07495 401766

Stanway Youth Centre
Winstree Road
Colchester
CO3 0PZ



Snacks and drinks are provided at every term-time Club, so all you need to do is bring your energy and enthusiasm! Secure your spot for our youth club below.

Morning 9:30am–12:30pm

Afternoon 1:30pm–3:30pm

Want to join all day?
You can, by booking both AM & PM

Oct 17th	Saturday 11–18's youth club– AM	£12
	Saturday 11–18's youth club– PM	£12
Nov 21st	Saturday 11–18's youth club– AM	£12
	Saturday 11–18's youth club– PM	£12
Dec 19th	Saturday 11–18's youth club– AM	£12
	Saturday 11–18's youth club– PM	£12





Term Time Activities – Maldon Youth Club age 11–18

Why not come along and enjoy our fun, inclusive sessions? Whether you're into sports, games, gaming, cookery, or just chilling with friends, there's something for everyone. Each session focuses on building confidence, improving social skills, creating lasting friendships, and—most importantly—having fun.

All activities are chosen by the young people who attend the group. Our Activity Coordinator will keep in touch with parents/carers during the week to confirm details of the upcoming activity and where to meet.

Snacks and drinks are provided at every term-time Club, so all you need to do is bring your energy and enthusiasm! Secure your spot for our youth club below.

Mandy Pond

07535 855 431

Maldon Youth Centre

Carmelite Way

Maldon

CM9 5GF



Every Tuesday
6:00pm – 8:00pm

Oct

6th Maldon 11–18's youth club

13th Maldon 11–18's youth club

20th Maldon 11–18's youth club

£12

Holiday activities are on pages 4 & 5

Nov

3rd Maldon 11–18's youth club

10th Maldon 11–18's youth club

17th Maldon 11–18's youth club

24th Maldon 11–18's youth club

£12

Dec

1st Maldon 11–18's youth club

8th Christmas Dinner – Wetherspoons

Young people will need to bring money to pay for their own meal

£12

£6

15th Maldon 11–18's youth club

£12



**Family
Testimonial**

"My daughter has benefited from InterAct's clubs and is always excited to come along for a new adventure. Her go-to saying is 'What's Next?!'"





Term Time Activities – Chelmsford Youth Club age 11–18 (19–25)

Why not come along and enjoy our fun, inclusive sessions? Whether you're into sports, games, gaming, cookery, or just chilling with friends, there's something for everyone. Each session focuses on building confidence, improving social skills, creating lasting friendships, and—most importantly—having fun.

All activities are chosen by the young people who attend the group. Our Activity Coordinator will keep in touch with parents/carers during the week to confirm details of the upcoming activity and where to meet.

Snacks and drinks are provided at every term-time Club, so all you need to do is bring your energy and enthusiasm! Secure your spot for our youth club below.

Mandy Pond

07535 855 431

Galleywood Youth Centre

Watchouse Road

Chelmsford

CM2 8PT



Every Friday

5:30pm – 8:30pm

Oct

2nd Chelmsford 11–18's youth club-
Yoga Class

9th Chelmsford 11–18's youth club

£12

16th Chelmsford 11–18's youth club

23rd Chelmsford 11–18's youth club

Holiday activities are on pages 4 & 5

Nov

6th Chelmsford 11–18's youth club

13th Chelmsford 11–18's youth club

20th Chelmsford 11–18's youth club

£12

27th Chelmsford 11–18's youth club

Dec

4th Chelmsford 11–18's youth club

11th Chelmsford 11–18's youth club

£12

18th Chelmsford 11–18's youth club



**Family
Testimonial**

"He learnt invaluable skills in socialising, transferring his trust to others, making friends with those of similar needs and gain confidence in facing new challenges."





Term Time Activities – Saturday Youth Club age 11–18 Chelmsford



Why not come along and enjoy our fun, inclusive sessions? Whether you're into sports, games, gaming, cookery, or just chilling with friends, there's something for everyone. Each session focuses on building confidence, improving social skills, creating lasting friendships, and—most importantly—having fun.

All activities are chosen by the young people who attend the group. Our Activity Coordinator will keep in touch with parents/carers during the week to confirm details of the upcoming activity and where to meet.

Charleigh
07903 764923

Heather Grant
07495 401766

Galleywood Youth Centre
Watchouse Road
Chelmsford
CM2 8PT



Snacks and drinks are provided at every Term Time Club, so all you need to do is bring your energy and enthusiasm! Secure your spot for our youth club below.

Morning 9:30am–12:30pm

Afternoon 1:30pm–3:30pm

Want to join all day?
You can, by booking both AM & PM

Nov
28th

Saturday 11–18's youth club– AM £12

Saturday 11–18's youth club– PM £12

Dec
19th

Saturday 11–18's youth club– AM £12

Saturday 11–18's youth club– PM £12



Book & pay for activities online – interact.org.uk/book-online

A festive banner with red, green, and white triangular flags and red and green snowflakes.

InterAct

CHRISTMAS

Friday 4th December



DJ and Buffet



Doors Open: 6pm - 9pm



£10 per child • Families welcome



Lexden Springs Pick-Up: 5:15pm-9:45pm

A red and white striped circus tent on the left and a candy cane signpost on the right, both set against a background of white snow.

**DJ
BUFFET
FUN!**

GAMES

MUSIC

GOOD FOOD