

April - June 2025

InterAct

Welcome to our Activity Programme

If you are aged 8-14 or 15-18 with learning disabilities and/or additional needs check out the wide range of social activities on offer to you in this programme.



Book and pay for activities

Online: www.Interact.org.uk/book-online

QR: Scan the code below to access our booking page



Locations

Chelmsford
Colchester
Maldon
Clacton



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Use our QR code
to book online



SEND Sensation

SEND Sensation is a partnership of locally trusted organisations that promote a level playing field and positive experiences for children and young people with special educational needs and disabilities.
essexshortbreaks@sendsensation.co.uk



AGE: Under 8 years & 8 – 14 years
MID: Braintree & Chelmsford
NORTH: Colchester
info@disability4sport.co.uk



AGE: 4 - 16 years old (19)
NORTH: Mistley
claire.moss@mistleykidsclub.co.uk



AGE: 8 - 14 years & 15 - 18 years
MID: Braintree, Chelmsford & Maldon
NORTH: Colchester & Tending
info@disability4sport.co.uk



AGE: Under 8 years & 8 – 14 years
MID: Braintree & Chelmsford
happyhillessex@outlook.com

InterAct **With us**

Looking to make new friends and enjoy exciting activities? Whether it's a couple of hours at the movies or a full day at the zoo, our action-packed programme offers young people fantastic opportunities to get out and about, try new things, and build confidence—all while giving parents/carers a well-earned break.

We run a variety of evening activities throughout the academic year in Chelmsford, Maldon, Clacton, Jaywick, and Colchester, as well as exciting day trips during the school holidays across Essex. New **InterActers** are always welcome!

Who Can Join?

Our activities are open to young people registered with **InterAct**, **SENDSensation**, and **Essex Short Breaks**.

Not registered yet? No problem!



Download and complete a Registration Form from our website



Or give us a call/email to arrange a taster session



Register for **Essex Short Breaks**: eligibility.bookinglab.co.uk/essex/52481/introduction



Register for **SENDSensation**: sendsensation.justgo.com



Find Us:

www.interact.org.uk 01245 392053 youngpeopleteam@interact.org.uk

Unit 63, 2 Cromar Way, Waterhouse Business Centre, CM1 2QE

Follow us on Facebook: @interActEssex

Please ensure that young people wear suitable clothing and are provided with appropriate food and drink or money to purchase refreshments, during activities. Please inform staff of any food allergies or intolerances before events.

Please see our policies at www.interact.org.uk/about-us/safeguarding

Please don't forget to leave us your feedback when booking online. We want you to have your say!

Meet the Team



John Blair
CEO
07763 103339



Vickie Perkins
YPS Manager
07976 781054



Heather Grant
Project Support Officer
07495 401766



Tina Goodchild
Activity Coordinator
07906 363429



Hannah Read
Activity Coordinator
07722 043830



Mandy Pond
Activity Coordinator
07535 855431



Anthony Montgomery
Office Good Boy




Marie Jarvis
Activity Coordinator
07813 582614




Alexis Filer
Activity Coordinator
07506 566841

InterAct's Easter Holiday Activities 8-18 years

Date	Activity	Cost	REF	Mini Bus Pickup/Meeting points	Additional info
Tuesday 08 April	 <p>Jimmy's Farm - Forget everything you know about farms; Jimmy's Farm is so much more! With polar bears, Arctic foxes, and even capybaras, it's a wild adventure waiting to happen.</p>	£37	HP 521	Pick up from Colchester CO4 5UP Meet at Chelmsford CM1 2QE	Please bring a packed lunch, snacks and drinks
Wednesday 09 April	 <p>Hackers - Putt your way through an exciting mini golf adventure at Hackers! Test your skills on a fun and challenging course, then switch things up with a game of virtual darts—aim, throw, and see if you can hit the bullseye! A perfect mix of skill, competition, and fun for everyone.</p>	£23	HP 522	Pick up from Colchester CO4 5UP Maldon CM9 6GG Chelmsford CM1 2QE	Please bring a packed lunch, snacks and drinks
Thursday 10 April	 <p>Frameless - Walk through masterpieces, gaze at Van Gogh's starry skies, breathe in Monet's flowers, and let Dali's surreal world melt around you. A truly immersive experience like no other! We'll be taking the train to Marble Arch, making the journey just as exciting as the destination.</p>	£45	HP 523	Pick up from Colchester CO4 5UP Meet at Chelmsford CM1 2QE	Please bring a packed lunch, snacks and drinks
Friday 11 April	 <p>Wat Tyler Park and Galleywood Gaming - 125 acres of nature, wildlife, and adventure play areas for all to enjoy. After exploring, keep the fun going by racing through Mario Kart or teaming up for Mario Party!</p>	£17	HP 524	Pick up from Colchester CO4 5UP Meet at Chelmsford CM1 2QE	Please bring a packed lunch, snacks and drinks





Holiday activities will be available to book from NOW. So please be quick to reserve your places and avoid disappointment. We can only offer a refund on holiday activities when the activity is fully booked and if we are able to fill your place. To cancel, please email mail@interact.org.uk Times/info will be sent out via email & text the day before

InterAct's Easter Holiday Activities 8-18 years

Date	Activity	Cost	REF	Mini Bus Pickup/Meeting points	Additional info
Tuesday 15 April	 <p>Owl Sanctuary- Discover why owls are known for their wisdom and see the incredible work done to protect these majestic birds—plus, meet many more amazing feathered friends along the way</p>	£32	HP 525	Pick up from Colchester CO4 5UP Meet at Chelmsford CM1 2QE	Please bring a packed lunch, snacks and drinks
Wednesday 16 April	 <p>Go Ape- Swing through the trees, test your bravery up high, and zip through the sky like a bird at Go Ape! Are you ready for the ultimate treetop adventure?</p>	£40	HP 526	Pick up from Colchester CO4 5UP Maldon CM9 6GG Chelmsford CM1 2QE	Please bring a packed lunch, snacks and drinks
Thursday 17 April	 <p>Sea Life Adventure- Dive deep into an underwater world—no swimsuit needed! Discover why life is better down where it's wetter at Sea Life Adventure.</p>	£33	HP 527	Pick up from Colchester CO4 5UP Meet at Chelmsford CM1 2QE	Please bring a packed lunch, snacks and drinks

Holiday activities will be available to book from NOW. So please be quick to reserve your places and avoid disappointment. We can only offer a refund on holiday activities when the activity is fully booked and if we are able to fill your place. To cancel, please email mail@interact.org.uk Times/info will be sent out via email & text the day before

InterAct's May Half Term Holiday Activities 8-18 years

Date	Activity	Cost	REF	Mini Bus Pickup/Meeting points	Additional info
Tuesday 27 May	 <p>BANHAM ZOOLOGICAL GARDENS</p> <p>Banham Zoo- Meet adorable red pandas, spot majestic snow leopards, and say hello to giraffes, tigers, meerkats, and more. With over 2,000 incredible animals and exciting daily talks, it's the perfect wild day out</p>	£42	HP 528	Pick up from Colchester CO4 5UP Meet at Chelmsford CM1 2QE	Please bring a packed lunch, snacks and drinks
Wednesday 28 May	 <p>White Dragon Activity Centre</p> <p>White Dragon- Unleash your inner adventurer at White Dragon Activity Centre! Whether it's hitting the bullseye in archery, mastering the art of axe throwing, or exploring bushcraft and survival skills, there's something for everyone</p>	£48	HP 529	Pick up from Colchester CO4 5UP Maldon CM9 6GG Chelmsford CM1 2QE	Please bring a packed lunch, snacks and drinks
Thursday 29 May	 <p>Forestry England</p> <p>Picnic and walk- We'll be exploring the forest, enjoy the fresh air, and maybe even spot some wildlife. It's the perfect day for adventure, fun, and a tasty picnic with friends</p>	£16	HP 530	Pick up from Colchester CO4 5UP Meet at Chelmsford CM1 2QE	Please bring a picnic packed lunch, snacks and drinks
Friday 30 May	 <p>HOPEFIELD Animal Sanctuary</p> <p>&</p> <p>Galleywood Youth Centre</p> <p>Hopefield- Step into the heart of Hopefield Animal Sanctuary, where you can meet over 600 rescued animals! From friendly farm creatures to majestic animals in need, discover how we care for them and the incredible work we do. Then relax at Galleywood Youth Centre for a movie and popcorn</p>	£25	HP 531	Pick up from Colchester CO4 5UP Meet at Chelmsford CM1 2QE	Please bring a packed lunch, snacks and drinks

Holiday activities will be available to book from NOW. So please be quick to reserve your places and avoid disappointment. We can only offer a refund on holiday activities when the activity is fully booked and if we are able to fill your place. To cancel, please email mail@interact.org.uk Times/info will be sent out via email & text the day before

InterAct

Term Time Activities - 8-14's Youth Clubs Chelmsford, Colchester & Maldon

Looking for fun and new friends?

Come along and enjoy exciting sessions filled with Sports, Games, Gaming, Cookery, or just a chance to chill with friends! There's something for everyone, with a focus on making lasting friendships, building confidence, and—most importantly—having fun.

Our 8-14 clubs run in
Chelmsford, Maldon, and Colchester.

Colchester

Hannah Read
07722 043 830
5:30pm - 7:30pm
Oak Tree Centre
252 Harwich Road
CO4 3DH

Chelmsford

Tina Goodchild
07906 363 429
6:00pm - 8:00pm
Church Hall
19 Vicarage Road
CM2 9PH

Maldon

Heather Grant
07495 401 766
6:00pm - 8:00pm
Planation Hall
Heybridge
CM9 4AL



Join us for three weeks of exciting all-day holiday activities! You'll find the full schedule on pages 4-6. Snacks and drinks are provided at every Term Time Club, so all you need to do is bring your energy and enthusiasm! Secure your spot for our youth club below.

Colchester

April

03rd Oaktree youth club £12
24th **TenPin Bowling Cowdray Way** £15

May

08th **Ultimate Ninja UK** £17
22th Oaktree youth club £12

June

05th Oaktree youth club £12
19th Oaktree youth club £12

Chelmsford

May

19th Chelmsford 8-14's youth club £12

June

20th Chelmsford 8-14's youth club £12

Maldon

May

20th Maldon 8-14's youth club £12

June

17th Maldon 8-14's youth club £12

Family Testimonial

"We came last night...everyone was so welcoming and my son who was a bit reluctant to come loved it and said he couldn't wait to come back and the ladies were so nice."



InterAct

Term Time Activities – Jaywick Youth Club
age 8–18



Family Testimonial

“InterAct supports me too, by allowing me a chance to recharge my energy levels”



Are you looking to have some fun & Want to make some new friends?

Why not come along and enjoy fun sessions! Whether you're into Sports, Games, Gaming, Cookery or just chilling with friends, there is something for everyone at each session, placing an emphasis on creating lasting friendships, building confidence, improving social skills & having fun.

All activities are chosen by the young people who attend the group. Our Activity Coordinator will keep in touch with parents/carers during the week to confirm details of the upcoming activity and where to meet.

Hannah Read 07722 043 830

**Inclusion Ventures,
1-7 Broadway,
Clacton
CO15 2EB**



Join us for three weeks of exciting all-day holiday activities! You'll find the full schedule on pages 4–6. Snacks and drinks are provided at every Term Time Club, so all you need to do is bring your energy and enthusiasm! Secure your spot for our youth club below.

**Mondays Twice a month
6:30pm – 8:30pm**

April

28th Jaywick 8–18's youth club £3
Easter Holidays see pages 4 & 5

May

12th **Hiding rocks around Jaywick** £3
May Half Term Holidays see pages 6

June

02nd Jaywick 8–18's youth club £3
23rd **Trip down to the beach**



08



Book & pay for activities online – interact.org.uk/book-online or 01245 392 053

InterAct

Term Time Activities – Lexden Springs After School Club age 8–18

Are you aged 8–18 & looking for some fun after school?

Non-pupils welcome

This after school club is for young people with special education needs. We meet to enjoy a mixture of crafts, games, workshops & centre based activities, placing an emphasis on creating friendships, having fun, learning essential life skills & building confidence

All activities are chosen by the young people who attend the group. Our Activity Coordinator will keep in touch with parents/carers during the week to confirm details of the upcoming activity and where to meet.

Heather Grant 07495 401 766

Lexden Springs Special School
Winstree Road,
Colchester,
CO3 0PZ



Join us for three weeks of exciting all-day holiday activities! You'll find the full schedule on pages 4–6. Snacks and drinks are provided at every Term Time Club, so all you need to do is bring your energy and enthusiasm! Secure your spot for our youth club below

Every Tuesday
3:00pm– 5:00pm

April

01st Lexden Springs' after school club
22nd Lexden Springs' after school club £12
29th Lexden Springs' after school club

May

06th Lexden Springs' after school club
13th Lexden Springs' after school club £12
20th Lexden Springs' after school club

June

03rd Lexden Springs' after school club
10th Lexden Springs' after school club £12
17th Lexden Springs' after school club
24th Lexden Springs' after school club

Family Testimonial

“We now have a young boy who is willing to step outside his comfort zone and give things a go and this has made life for us that bit easier.”



Book & pay for activities online – interact.org.uk/book-online or 01245 392 053

InterAct

Term Time Activities – Colchester Youth Club
age 11–18 (19–25)



Family Testimonial

“I like coming to the clubs to meet and talk about Football, I like to colour and play games. The activities are fun”



Are you looking to have some fun & Want to make some new friends?

Why not come along and enjoy fun sessions! Whether you're into Sports, Games, Gaming, Cookery or just chilling with friends, there is something for everyone at each session, placing an emphasis on creating lasting friendships, building confidence, improving social skills & having fun.

All activities are chosen by the young people who attend the group. Our Activity Coordinator will keep in touch with parents/carers during the week to confirm details of the upcoming activity and where to meet.

Hannah Read 07722 043 830

Highwoods Youth Centre
Highwoods Approach
Colchester
CO4 9BA

East of England
COOP



Join us for three weeks of exciting all-day holiday activities! You'll find the full schedule on pages 4–6. Snacks and drinks are provided at every Term Time Club, so all you need to do is bring your energy and enthusiasm! Secure your spot for our youth club below.

**Every Tuesday
6:30pm – 8:30pm**

April

01st	Hollywood Bowl Mini Golf	£14
22nd	Colchester 11–18's youth club	£12
29th	Ten Pin Laser Tag	£17

May

06th	Colchester 11–18's youth club	£12
13th	Turner Rise Pizza Hut	£20
20th	Colchester 11–18's youth club	£12

June

03rd	Ten Pin Bowling	£15
10th	Colchester 11–18's youth club	£12
17th	Greenstead Rd Ultimate Ninja	£17
24th	Colchester 11–18's youth club	£12

InterAct

Term Time Activities – Maldon Youth Club age 11–18



Family Testimonial

“My daughter has benefited from InterAct’s clubs and is always excited to come along for a new adventure. Her go to saying is ‘What’s Next?!’”



Are you looking to have some fun &
Want to make some new friends?

Why not come along and enjoy fun sessions! Whether you’re into Sports, Games, Gaming, Cookery or just chilling with friends, there is something for everyone at each session, placing an emphasis on creating lasting friendships, building confidence, improving social skills & having fun.

All activities are chosen by the young people who attend the group. Our Activity Coordinator will keep in touch with parents/carers during the week to confirm details of the upcoming activity and where to meet.

Mandy Pond 07535 855 431

Maldon Youth Centre
Carmelite Road,
Maldon,
CM9 5GF



Join us for three weeks of exciting all-day holiday activities! You’ll find the full schedule on pages 4–6. Snacks and drinks are provided at every Term Time Club, so all you need to do is bring your energy and enthusiasm! Secure your spot for our youth club below

**Every Tuesdays
6:00pm – 8:00pm**

April

01st	Maldon 11–18’s youth club	£12
22nd	Maldon 11–18’s youth club	£12
29th	Maldon 11–18’s youth club	£12

May

06th	Maldon 11–18’s youth club	£12
13th	Park and Subway –Please bring money for Subway	£7
20th	Maldon 11–18’s youth club	£12

June

03rd	Maldon 11–18’s youth club	£12
10th	Maldon 11–18’s youth club	£12
17th	Pirates Bay –Please bring money for fish and chips	£12
24th	Maldon 11–18’s youth club	£12

Book & pay for activities online – interact.org.uk/book-online or 01245 392 053

InterAct

Term Time Activities – Clacton Youth Club age 11–18 (19–25)



Family Testimonial

“He learnt invaluable skills in socializing, transferring his trust to others, making friends with those of similar needs and gain confidence in facing new challenges.”



Are you looking to have some fun & Want to make some new friends?

Why not come along and enjoy fun sessions! Whether you're into Sports, Games, Gaming, Cookery or just chilling with friends, there is something for everyone at each session, placing an emphasis on creating lasting friendships, building confidence, improving social skills & having fun.

All activities are chosen by the young people who attend the group. Our Activity Coordinator will keep in touch with parents/carers during the week to confirm details of the upcoming activity and where to meet.

Marie Jervis 07813 582 614

Clacton Youth Club
180 Old Road,
Clacton,
CO15 3AY



East of England
CCOP



Join us for three weeks of exciting all-day holiday activities! You'll find the full schedule on pages 4–6. Snacks and drinks are provided at every Term Time Club, so all you need to do is bring your energy and enthusiasm! Secure your spot for our youth club below.

Every Wednesday
6:30pm– 8:30pm

April

02nd	Clacton 11–18's youth club	£12
23rd	Clacton 11–18's youth club	£12
30th	Clacton 11–18's youth club	£12

May

07th	Clacton 11–18's youth club	£12
14th	Clacton Pavilion Bowling	£28
21th	Clacton 11–18's youth club	£12

June

04th	Clacton 11–18's youth club	£12
11th	Clacton 11–18's youth club	£12
18th	Charnallies Meal Out Please bring your own money	£7
25th	Clacton 11–18's youth club	£12

InterAct

Term Time Activities – Chelmsford Youth Club age 11-18 (19-25)



Family Testimonial

“My Daughter loves coming to Interact on a Friday! She can struggle with the desire to attend clubs on a regular basis & I normally have to push her to do everything, however, I don't have to do this with COZ Club.”



Are you looking to have some fun & Want to make some new friends?

Why not come along and enjoy fun sessions! Whether you're into Sports, Games, Gaming, Cookery or just chilling with friends, there is something for everyone at each session, placing an emphasis on creating lasting friendships, building confidence, improving social skills & having fun.

All activities are chosen by the young people who attend the group. Our Activity Coordinator will keep in touch with parents/carers during the week to confirm details of the upcoming activity and where to meet.

Mandy Pond 07535 855 431

Galleywood Youth Centre
Watchouse Lane,
Chelmsford,
CM2 8PT



Join us for three weeks of exciting all-day holiday activities! You'll find the full schedule on pages 4-6. Snacks and drinks are provided at every Term Time Club, so all you need to do is bring your energy and enthusiasm! Secure your spot for our youth club below.

**Every Friday
5:30pm - 8:30pm**

April

04th	Therapy Dog	£12
25th	Chelmsford 11-18's youth club	£12

May

02nd	Yoga- Please bring a mat to lie on	£12
09th	Chelmsford 11-18's youth club	£12
16th	Chelmsford 11-18's youth club	£12
23rd	Chelmsford 11-18's youth club	£12

June

06th	Chelmsford 11-18's youth club	£12
13th	Chelmsford 11-18's youth club	£12
20th	Chelmsford 11-18's youth club	£12
27th	Chelmsford 11-18's youth club	£12



InterAct

Term Time Activities – Mid Community Activities age 8-18



Family Testimonial

"It has been fantastic for his confidence and independence. He really enjoys meeting up with his friends and loves the activities whether they are at the Centre or external trips."



ALL WELCOME 8-18 (19+)

Join InterAct for out & about activities at local venues including Mini golf, Jump Street, meals out, bowling to name a few!

CHELMSFORD, MALDON AND SURROUNDING AREAS

Heather Grant - 07495 401 766
Alexis Filer - 07506 566 841

Minibus Pick up from
Morrisons Supermarket
Maldon
CM9 6GG

Join us for three weeks of exciting all-day holiday activities! You'll find the full schedule on pages 4-6. Snacks and drinks are provided at every club, so all you need to do is bring your energy and enthusiasm! Secure your spot for our youth club below.

23 April	Hungry Horse - Tuck into a hearty meal at Hungry Horse and challenge your friends to some board game fun-good food, great company, and a little friendly competition.	£21
07 May	Cinema - Grab your favourite cinema snacks, settle into your seat, and enjoy the magic of the big screen.	£22
21 May	Ice Skating - Swap the summer heat for icy cool fun! Lace up your skates and glide, spin, and twirl your way around the rink.	£21
04 June	AirHop - Jump, flip, and bounce to your heart's content! Whether you're showing off your tricks or just having a laugh with friends, it's all about fun in the air.	£28
18 June	Bowling - Show off your skills with hitting a strike or try and get a Hamoturker Dinner (7 strikes in a row)	£23